

Lodge Features Guide



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## Welcome to Parklands Lodge

Located close to the beautiful Hesketh Park, Parklands Lodge is a modern purpose-built care home that provides a range of residential and nursing care services.

The Lodge has been thoughtfully designed to deliver comfort, convenience and enriched lifestyles to all who reside here.

Our dedicated team of care professionals is always on hand to support residents, aiming to make the most of each day.

#### Care Services



#### Residential Care

Parklands Lodge is designed for residents who have made the choice to live within a care home community where they can benefit from a wide range of support and companionship.

Our dedicated team of care professionals is always on hand to support residents; from providing assistance with daily activities, including dressing and mealtimes, to aiding visits to external professionals such as GPs.

Residents are encouraged to enjoy their lives through a range of engaging activities in the local community and within the care home.



#### Residential Dementia Care

The Lodge provides a safe, secure and responsive environment for those in the earlier stages of dementia.

As a purpose-built facility, Parklands Lodge has communities dedicated to residents who are living with cognitive impairment.

We have designed the Lodge to incorporate a number of special features including designated breakaway spaces and easily identifiable signage, allowing residents to easily familiarise themselves with their surroundings.

#### Care Services



#### Dementia Nursing Care

Dementia nursing care is typically for those who require more intensive support and monitoring from medically trained professionals.

Led by registered mental health nurses who specialise in dementia care, our team is qualified to assess and monitor residents' changing needs, responding to developments in line with their established care plans and best practices.

We work closely with our residents, their loved ones and medical team to best support their physical and psychological needs, enabling us to tailor our approach to each individual; promoting choice, dignity and respect.





### Lodge Facilities

The facilities at Parklands Lodge include:

- Bedrooms with En Suite Wet Room
- Hair & Beauty Salon
- Spacious Lounges
- Dining Rooms
- Residents' Kitchens
- Landscaped Gardens
- Visitor Car Park

**11** The team at the Lodge has made Dad's transition into care so easy. Their attention to detail is reassuring and I still feel very involved in his life. Daughter of Resident



#### Bedrooms

Our bedrooms are spacious, complete with an en suite wet room and wireless alert system that allows residents to call a member of staff at any time of day or night when additional assistance is required.

Whilst each room is well-equipped with high quality furnishings, we encourage residents to bring meaningful keepsakes to decorate and personalise the room, making the home their own.

#### Each room includes:

- Adjustable Profiling Bed
- Flat Screen TV
- Wireless Internet Connection
- En Suite Wet Room
- Wireless Alert System

Very reassuring for us, knowing that Mum is treated with respect and dignity and that the staff have her best interests at heart.

Daughter of Resident



#### Hair & Beauty Salon

Our in-house hair & beauty salon comes with a resident hair stylist, who is available to all residents.

Residents are welcome to invite their own personal hairdresser to visit if they wish.

We also provide beauty treatments such as manicures, pedicures and hand massages.

#### Dining Rooms

Parklands Lodge has been designed with maximum care and attention to make sure that residents get the most out of their dining experience.

From beautifully set tables to freshly made meals cooked by our in-house chef, residents can expect to receive only the best service.

# Spacious Lounges

The Lodge has several lounges, furnished for the relaxation and entertainment of our residents.

Here, we often host entertainers, film afternoons, exercise classes and more.

We also have designated areas around the home for residents and their guests to enjoy each other's company in comfort and privacy.

#### Landscaped Gardens

Our residents and their families and friends have access to our manicured garden where they can spend time enjoying the beautiful surroundings or even try their hand at gardening.

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#### Residents' Kitchens

Each of our communities has access to its own kitchen, day or night. This provides a place for residents and guests to make hot drinks or snacks.

#### Visitors' Car Park

Both residents and visitors have access to our onsite car park.

# Visiting the Lodge

Families and friends are warmly welcomed to Parklands Lodge.

We consider visiting an essential way of ensuring that our residents stay in touch with their loved ones.

There's always time for a simple chat over a cup of tea or coffee using our residents' kitchen facilities or, with prior arrangement, they can join residents for meal times.

# The Local Area

Situated in the lovely seaside town of Southport in the borough of Sefton, the Lodge is in close proximity to Southport town centre, Hesketh Park and the seafront.

It is near to local bus and train routes so our residents can get out and about as and when they wish to.

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# Dining Experience

Here at Parklands Lodge, we understand the importance of a nutritious and well-balanced diet.

We take pride in our dining service and only use the finest seasonal produce available to make every meal the best it can be. Our menus are crafted with care and attention, tailored to residents' preferences and cultural or dietary requirements.

A wide range of refreshments is available on request 24 hours a day and residents are welcome to invite friends and family to meals at the Lodge – booking availability and related costs are available from the Lodge reception.

The food is exceptional, freshly made and the menu offers a good choice.
The residents' kitchen is a bonus.

Daughter of Resident



## Activities & Wellbeing

We are dedicated to making our residents' home a happy, vibrant and fun place to live!

Our Activities & Wellbeing team provide residents with a varied and engaging programme that inspires communication, social interaction, movement, reminiscence and more.

Example of activities include:

- Musical Sing-Along Sessions
- Exercise Classes
- Arts & Crafts
- Knit & Natter
- Intergenerational Sessions (with our twinned nursery)

There are also regular visits to parks, markets and shops in and around the local area, as well as organised excursions to places of interest.

To keep up-to-date with all our latest goings on, families and friends are encouraged to follow our Facebook & Instagram pages.



#### Contact Details

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Providing compassionate care in a **home** you make your own.

